




Giselaine's
spa

Menu
of Services



Massage Therapy

Our massages incorporate the Ritual Foot Cleansing and the Calming Ritual to induce deep relaxation. Each massage uses a technique we call touch with intent combining science, service and art, focused on the relationship between caring and healing. Each style of massage assures tension release, circulation enhancement, and overall wellness.

THERAPEUTIC STONE MASSAGE

A full body massage with light-to moderate pressure.

Experience deep, restorative rest through the precise placement of volcanic stones. This time-honored method gently glides smooth stones over the body, transporting penetrating warmth that soothes mind and muscles. Long relaxing strokes increase circulation, improve tone, and induce tranquility and serenity. A highly requested, uniquely comforting massage.

50 or 80 minutes..... \$160/\$225

DEEP TISSUE MASSAGE

A full body massage with moderate-to deep pressure

This therapeutic massage uses strategic strokes to increase circulation, release muscle tension, and remove lactic acid. Your therapist will address areas of concern using a combination

of trigger point therapy, stretching, sports massage, or a variety of other modalities to relieve strain, stress, and inflammation.

50 or 80 minutes..... \$160/\$225

SWEDISH MASSAGE

A full body massage with light-to moderate pressure

This classic stress-relieving massage utilizes long, flowing strokes to reduce tension, increase circulation, and induce relaxation. Great to unwind or as an introductory massage.

50 or 80 minutes..... \$140/\$195

REFLEXOLOGY FOOT MASSAGE

Light-to moderate pressure

This remarkable ancient technique massages the reflex zones of the feet inducing deep relaxation to the entire body by releasing the flow of energy. Not only will your feet feel terrific, but you will also experience increased energy.

20 or 50 minutes..... \$80/\$130

PRENATAL MASSAGE

A full body massage with light-to moderate pressure

This nurturing massage for expectant mothers alleviates many of the physical and emotional pregnancy-induced challenges. Expectant mothers lie safely and comfortably as muscle aches, fatigue, and water retention are eased. Guest must be past the first trimester at time of service.

50 or 80 minutes..... \$140/\$210

COUPLES MASSAGE

A full body massage for two

Your choice of either Swedish or Deep Tissue Massage.

50 or 80 minutes - Swedish..... \$280/\$390

50 or 80 minutes - Deep Tissue..... \$320/\$450

LYMPHATIC DRAINAGE MASSAGE

Manual lymphatic drainage is a type of massage that encourages the natural drainage of the lymph, which carries waste products away from the tissues back toward the heart.

50 or 80 minutes \$160/\$225

MIGRAINE MIRACLE MASSAGE

Combined massage for the head using specific special cold stones, it's a holistic treatment relieving the symptoms of migraines and headaches, and finish with warm reflexology.

80 minutes \$225

MASSAGE ENHANCEMENTS

No time added and can be added to any massage service

Aromatherapy..... \$20.00

Therapeutic Hot Stones..... \$20.00

CBD Enhancement..... \$50.00

Scalp Massage..... \$15.00

Yoga Balm..... \$20.00

Skin Care

Our results-oriented approach to beauty and wellness taps into the best of nature by combining natural and certified organic ingredients with breakthrough intelligent skin care products. Allow our skin care experts to recommend the proper home care program to help you maintain your skin's health and youthful appearance. Each facial begins with the Ritual Foot Cleansing, one of our Signature Rituals, followed by the Calming Ritual that allows the guest to go into a deep state of relaxation. It is only in this state that rejuvenation, regeneration, and restoration can occur.

THE HYDRAFACIAL

The Hydrafacial will leave your skin glowing for weeks with the breakthrough resurfacing and fusion technology for face, neck, and décolletage. This non-invasive treatment infuses your skin with antioxidants, peptides, and hyaluronic acid. The results are immediate with no down time. Antiaging solution with LED Light Therapy and Lymphatic Drainage complete the service with real results.

80 minutes..... \$335

THE PURE HYDRAFACIAL

The Pure Hydrafacial provides glowing and flawless results! Immediately reduce the look of fine lines and wrinkles with this hydraderm-abrasion treatment that begins with a rejuvenating, deep cleansing and follows with an infusion of antioxidants and hydrating hyaluronic acid. Your skin will be red carpet ready!

50 minutes..... \$260

HYDRAFACIAL BOOSTERS

Boosters can be added to any hydrafacial with no extra time needed.

ZO Brightalive: Brightens and evens skin tone, reduces the appearance of brown spots, restores hydration, and prevents new pigmentation formation

Hydrafacial Britenol: Brightens and balances skin tone while minimizing the appearance of dark spots and sun spots

Sente' Dermal Repair: Reduces redness, diminishes the appearance of wrinkles, improves skin tone, texture, and firmness, and enhances hydration

Hydrafacial Dermabuilder: Enhances skin elasticity and helps smooth the appearance of fine line and wrinkles

Hydropeptide Power Serum: Reduces the appearance of fine lines and wrinkles, improves skin firmness and volume, and treats aging concerns from frown lines, smiles lines, and forehead lines

Hydrafacial Regen Gf (growth factor): Boosts collagen and elastin production, diminishes the appearance of fine lines, and captures and removes toxins and irritants

Hydrafacial Boosters..... \$50/each



THE LUXURY EXPERIENCE

Choose how youthful you would like your skin to look. The high-performance active anti-aging ingredients in our HSR® and SeaCreation collections, combined with effective massage techniques and soft-melting textures in our luxury anti-aging treatments are pure indulgence.

SeaCreation – BEAUTY THAT GOES DEEPER

Elevate your skincare experience to unprecedented levels of sophistication and indulge in the ultimate luxury of rejuvenation and refinement. Meticulously selected active ingredients sourced from the depths of the ocean combined with the exquisite BABOR methods work harmoniously to redefine luxury skincare. Feel the natural currents of the ocean in an invigorating blend of unexpected cool and warm sensations, creating an enchanting symphony on your skin. Allow yourself to surrender to a sensory experience beyond compare—being pampered, nurtured, and revitalized.

80 minutes..... \$425

HSR THE ANTI- WRINKLE EXPERT

Embark on a luxurious journey to reclaim timeless beauty with our anti-wrinkle expert. This indulgent treatment with precision-targeted active ingredients works harmoniously to not only diminish existing visible wrinkles but prevent new wrinkle formation and slow the aging process. The potent formulations and specialized massage techniques enhance skin firmness, tone, and elasticity while refining facial contours. This treatment is ideal for those seeking a practical approach to combat wrinkles and restore

skin vitality. The skin is plumped from within revealing a firmer, smoother and more youthful looking skin.

80 minutes..... \$250

DOCTOR BABOR COLLAGEN INFUSION

Plump and densify your skin with this collagen-boosting therapy from Doctor BABOR. Ultra-potent hyaluronic acid and collagen plump the skin from the inside out while smoothing fine lines and wrinkles. The effect of this treatment is amplified with a collagen-infused mask to lift and reshape the facial contour.

50 or 80 minutes..... \$175/\$210

DOCTOR BABOR PRO PRESCRIPTION SKIN THERAPY TREATMENT

The DOCTOR BABOR PRO prescription skin therapy treatment offers a tailored solution to achieve your optimal skincare goals. With high-performance cosmeceuticals meticulously curated for their potent bioactive properties, this treatment features specialized techniques to boost the skin's natural activity and reactivate the skin's functions for holistic restoration of skin health and vitality.

50 minutes..... \$175

RESTORE AND FIRM MICRODERM

This unique treatment encompasses the refining benefits of microdermabrasion with all the goodness of our facial experience. Enjoy instant results while fine lines and wrinkles are swept away, along with hyperpigmentation, and minor acne scarring. All with no down time!

50 or 80 minutes..... \$180/\$215

DERMAPLANING FACIAL

Remove dull, dead skin cells and vellus hair while acquiring smooth, beautiful, glowing skin.

90 minutes..... \$240

PURIFYING BACK TREATMENT

Invigorating deep clean with steam, exfoliation, and extractions, if needed.

50 minutes..... \$130

FACIAL ENHANCEMENTS:

No time added and can be added to most facials.

Eyebrow Wax..... \$25.00

Lip Wax..... \$20.00

Chin Wax..... \$20.00

Nose Wax..... \$20.00

AHA Chemical Peel..... \$25.00

Soothing Eye Treatment..... \$20.00

The following facial enhancement adds 30 minutes of time to any facial.

Dermaplane..... \$60.00

Celluma LED Light Treatment..... \$50.00

light therapy improves cellular health to reduce signs of aging, relieve pain, and eliminate acne.





Waxing

Our waxing technique is highly praised by our guests. We believe in a quick, painless as possible waxing experience. Be sure to avoid sun exposure and any heat treatments for at least two hours before waxing and twelve hours after waxing. We regret that we cannot wax if you use Retin-A or Accutane.

Time to be determined based on skill of esthetician

Eyebrow Wax	\$25
Lip Wax	\$20
Chin Wax	\$20
Nose Wax	\$20
Full Face Wax	\$50
Lower Arm Wax	\$45
Full Arm Wax	\$55
Underarm Wax	\$25
Lower Leg Wax	\$45
Upper Leg Wax	\$50
Inner Thigh Wax	\$25
Full Leg Wax	\$80
Bikini Wax	\$45
Extended Bikini Wax	\$60
Brazilian Wax	\$80

Nail Services

Basic Manicure	\$50
Dip Manicure	\$70
Gel Manicure	\$60
Acrylic Full Set	\$90
Acrylic Fill	\$40
Gel Set	\$95
Gel Fill	\$50
Polish Change Hands/Toes	\$20
French Polish	\$10
Gel Removal	\$15
Dazzle Dry Polish	\$10
Eco-Fin Paraffin Hydrating Treatment	\$10
Pedicure: (50 min)	\$65
Pedicure: (80 min)	\$90
Gel Pedicure (50 min)	\$85
Express Manicure/Pedicure (80 min)	\$90
Callus Treatment	\$10

Hair Services

Hair Cut & Style	\$75+
Base Color – <i>New growth touch-up</i>	\$85+
Single Process All Over Color	\$110+
Full Foil – <i>Whole head</i>	\$175 - \$300+
Partial Foil – <i>Top and sides</i>	\$145+
Balayage	\$250+
Shampoo and Blowout	\$50+
Smoothing Treatment	\$250+
Iron Work	\$15
Formal Up Do – <i>On clean, dry hair</i> ...	\$135 - \$165+
Deep Conditioning Treatment	\$85
Color Gloss or Toner	\$55
Get Pure Clarifying Treatment	\$50
Goldwell Shot	\$20

All prices are a starting point and subject to stylist availability.

Makeup Services

Includes a take home Mascara and or Lip gloss/Lipstick

One on One Makeup Lesson
2 hours.....\$300

Makeup Application
45 minutes.....\$225

Medical Skin Treatments

BBL FACE

This award-winning broadband light treatment improves the appearance of aging skin and reduces rosacea, acne, melasma, and sun spots comfortably and with little to no downtime. Working on most skin types, this treatment is fast, comfortable, gentle, and improvements can be seen in as little as one treatment.

60 minutes\$500

BBL FACE/NECK/DÉCOLLETÉ

Broadband light treatment of pigment, sun damage, age spots, and more on face, neck, and décolleté

60 minutes\$700

MOXI FACE

Through its use of a gentle, non-ablative, fractionated wavelength, Moxi laser corrects pigmentation issues and delivers dramatic tonal and textural improvements to your skin. In a quick 12–15-minute treatment with minimal downtime or discomfort, initial signs of sun damage and aging are corrected and is a powerful solution for younger-looking skin.

60 minutes\$600

MOXI FACE/NECK/DÉCOLLETÉ

Non-ablative, fractionated laser treatment of pigmentation issues with dramatic tonal and textural improvements on face, neck, and décolleté

60 minutes\$900

FOREVER BARE BBL LASER HAIR REMOVAL

Short and comfortable, a Forever Bare BBL treatment permanently reduces hair with fewer missed areas compared with traditional hair removal devices. Light technology is used to destroy hair follicles at the source so they no longer grow. Within 5-6 treatments, 80% to 90% of hair in the treated area – depending on factors like hair texture, the treatment area, and skin tone.

60 minutes*price determined at consultation*





Men's Services

Men's Hair Cut with Shampoo.....\$40

Massages: 50 min/80 min.....\$140+

Men's Manicure with Buffed Nails, 30 min.....\$40

Includes softening the skin on the hands, filing down the nails, shaping the cuticles and buffing the nails.

Men's Pedicure, 50 min.....\$55

A foot soak, exfoliation, nail clipping, and buffing along with foot and leg massage for relaxation.

Men's Hot Towel Facial, 50 min.....\$170

Relaxing hot towels are applied throughout the facial service to help open the pores and relax. The facial will provide cleanse, exfoliation, and hydration in combination with the hot towels.

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50 minutes.....\$260

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80 minutes.....\$335

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\$600

Men's services are available on Mondays & Wednesdays





SPA PACKAGES

Three or more services – 10% off

Collagen Infusion Facial 50 min, Basic Manicure,
and Signature 50 min Pedicure\$256

Swedish 50 min Massage, Collagen Infusion Facial 50 min,
Basic Manicure, and Signature 50 min Pedicure\$382

Prenatal 50 min Massage, Collagen Infusion Facial 50 min,
and Signature 50 min Pedicure\$342

Buy 4 services, get 1 free service

Spa & Salon Etiquette & Reminders

Hours of Operation

10:00AM – 6:00PM

Spa Requirements

16 years and older. Those between 16 and 18 years must be accompanied by a parent or adult guardian. All services performed on guests under the age of 18 require parental consent prior to the booking being accepted. So that all guests may experience a pleasant and peaceful environment, we ask that only those receiving services accompany you to the spa & salon.

Spa Reservations

Guests are encouraged to book treatments in advance or at the conclusion of your last service to ensure their preferred time is available. Our professional staff allocates time especially for each guest; therefore, a credit card and deposit are required to guarantee these reservations. All spa & salon services are subject to availability. Menu service and prices are subject to change without notice. We reserve the right to refuse service to anyone. Credit cards are required to reserve all appointments, including those using gift cards. We accept Visa, Mastercard, Discover and American Express.

Special Considerations

Guests who are pregnant must be out of first trimester for all services. Please notify our staff at time of booking if there are any special physical or medical needs or conditions they need to consider prior to your services (i.e., pregnancy, food or product sensitivities or aggressive medications).

Treatment Preparation

Guests are kindly requested to arrive 20 minutes prior to their scheduled appointment time. For a new guest, please allow 30 minutes to accommodate completion of your guest profile. It is recommended that guests avoid heavy meals within 90 minutes of their scheduled treatment. Spa robes, slippers, private lockers, and beverages are provided for your comfort. Delayed arrival will limit the time for your experience, reducing the effectiveness of your treatment and the expectations of your visit. In consideration of other spa guests, service time will not be extended for delayed arrivals, and the full price of your service will be charged.

Spa Environment

Use of mobile phones is prohibited in and around Giselaïne's Spa.

Cancellation & Rescheduling Policy

Spa guests are required to provide at least 48 hours' notice for cancellations or rescheduling during spa & salon operating hours. Changes made within 48 hours will be subject to a \$50 charge. As a courtesy, you will receive a confirmation of your reservation prior to your arrival. A 48-hour advance cancellation notice is required for any spa packages and multiple treatments lasting more than two hours. All no-show reservations will be assessed a charge at full value of services. Spa Parties are subject to terms of agreement for cancellations.

Refunds

Unopened retail products are exchangeable within seven days of purchase with original receipt.

Valuables

We recommend that valuable items be left at home. Personal lockers are provided in changing rooms. Giselaïne's Spa is not responsible for lost or stolen items.

Pricing

All prices are in USD and subject to a 20% mandatory gratuity charge. Retail products will have a local tax rate of 5.5%.

Spa Payments and Gift Cards

Payments are accepted in the form of cash, most major credit cards and gift cards from Giselaïne's Spa and Boothbay Harbor Country Club. Gift cards contain value which may be used to purchase products and services at face value. This card cannot be used to purchase other gift cards. The card must be presented at time of purchase and the available balance will be applied to the transaction. Prices are subject to change without notice. This card is non-refundable and may not be redeemed for cash. Any unused balance will remain on the card. This card is not transferable, and Giselaïne's Spa is not responsible for any lost, stolen, damaged, or unauthorized use of the card. No express or implied warranties apply.






*Giselaine's
spa*

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